

Equal Opportunities Monitoring Form

To assist us in monitoring the applications we receive for counselling, we would be grateful if you would complete and return this form, together with your registration form, to admin@highgatecounselling.org.uk

The information supplied will be kept in strict confidence and will be used for statistical purposes only and will be subject to the provisions of the Data Protection Act 1998. You are not required to complete this form but are encouraged to do so to help us to ensure that our monitoring process is as accurate as possible. This form is detached from any other information you provide us with, such as your registration form.

1. **Date:**

2. **Sex:** ☐ Female ☐ Male ☐ Prefer not to say

3. **Gender identity:** Is the gender you identify with the same as your sex registered at birth?

☐ Yes ☐ No* ☐ Prefer not to say

* If no, please describe your gender identity (*optional*):

4. **Age:** Please indicate your age range

☐ 19-24 ☐ 25-34 ☐ 35-44 ☐ 45-54
☐ 55-64 ☐ 65 + ☐ Prefer not to say

5. **Sexual orientation:** Which of the following best describes your sexual orientation:

☐ Straight / Heterosexual ☐ Gay man
☐ Lesbian / Gay woman ☐ Bisexual
☐ Pansexual ☐ Asexual
☐ Queer ☐ Questioning / Unsure
☐ Another sexual orientation (*please specify*)

6. **Disability:** Do you have any physical or mental health conditions or illnesses lasting, or expected to last, 12 months or more?

☐ Yes* ☐ No ☐ Prefer not to say

* If yes, do any of your conditions or illnesses reduce your ability to carry out day-to-day activities?

☐ Yes, a lot ☐ No, not at all
☐ Yes, a little ☐ Prefer not to say

Continues overleaf

7. Borough of residence:

- | | |
|--|-----------------------------------|
| ☐ Camden | ☐ Haringey |
| ☐ Barnet | ☐ Enfield |
| ☐ Other (<i>please specify</i>) | |

8. Ethnic group: *Choose one option that best describes your ethnic group or background*

White

- ☐ English, Welsh, Scottish, Northern Irish or British
- ☐ Irish
- ☐ Gypsy or Irish Traveller
- ☐ Roma
- ☐ Any other White background:

Mixed or Multiple ethnic groups

- ☐ White and Black Caribbean
- ☐ White and Black African
- ☐ White and Asian
- ☐ Any other Mixed or Multiple ethnic background:

Asian or Asian British

- ☐ Indian
- ☐ Pakistani
- ☐ Bangladeshi
- ☐ Chinese
- ☐ Any other Asian background:

Black, Black British, Caribbean or African

- ☐ Caribbean
- ☐ African
- ☐ Any other Black, Black British or Caribbean background:

Other ethnic group

- ☐ Arab
- ☐ Any other ethnic group:

Prefer not to say ☐

Thank you for taking the time to complete this monitoring form