



## DIPLOMA IN PSYCHODYNAMIC COUNSELLING (A BACP ACCREDITED TRAINING)

September 2026 - December 2028

### FREQUENTLY ASKED QUESTIONS

**1. How much is the fee?**

The fee for the course is £13,600. A full breakdown of the fee is contained in the course outline which is available as a download from our website.

**2. When does the course start/end?**

The course will commence in September 2026 and end in December 2028.

**3. What days/time do I attend?**

Theory seminars and counselling skills practice take place on Monday and Thursday evenings from 7.00pm to 10.00pm. You are also required to attend the Saturday workshops scheduled throughout the course (minimum one per term). Please see the course outline for further details.

**4. How long is the course?**

The course runs over two years and one term from September 2026 until December 2028. There are three academic terms per year. Each term is of ten weeks duration plus a reading week. The final term does not require you to attend theory seminars or counselling skills practice but is included to allow you to complete the final elements of the course.

**5. How will I be assessed?**

Assessment is continuous throughout the course. You are required to successfully complete a number of academic assignments as part of the training.

**6. What happens regarding supervision?**

You will typically join a supervision group by January/February 2027. Supervision takes place on a weekly basis and is in group format lasting for one and a half hours. Supervision is undertaken at Highgate Counselling Centre (HCC) or in the supervisor's consulting room. The course fees cover the cost of supervision.

**7. When do I start to see clients?**

Your first client will be allocated in agreement with the Director, Training Manager, course tutors and your supervisor at HCC. For most trainees, this usually happens during term 2 or 3. It is usual for trainees to attend a number of supervisory sessions before being allocated a client so that you start to understand the process of supervision. You will need to have been in personal therapy with a psychoanalytic therapist for a minimum six months before starting to work with your first client. Please see the course outline for further details.

**8. How many counselling hours do I need to complete to finish the course?**

Successful completion of the course requires you to have undertaken a minimum of 100 hours of clinical work. Clients are provided via HCC's clinic, or, in exceptional circumstances, via an external placement.

**9. When will I be awarded the Diploma?**

The Diploma is awarded once you have successfully completed all the elements of the course and have accrued 100 hours of clinical work.

**10. Are there any pre-requisites?**

You must have previously completed a course of study leading to the award of a level 3 Certificate in Counselling or similar.

**11. I have some previous experience - can I join the course mid-way through?**

The course is designed to take trainees from the same starting point of learning. It is not therefore possible for someone to join the course mid-point, irrespective of their prior learning.

**12. When does the application process close?**

Please submit your completed application form and accompanying statement by 28 March 2026.