

# About the Diploma

## SEPTEMBER 2026 – DECEMBER 2028

Our next Diploma in Psychodynamic Counselling will start on Monday, 14 September 2026. The course is accredited by British Association for Counselling and Psychotherapy (BACP).

This training aims to:

- provide students with an in-depth understanding of the psychodynamic approach to counselling informed by both classical and contemporary theory and current research.
- develop the range of skills required to practise as a psychodynamic practitioner.
- help students develop a sufficient degree of self-awareness and maturity to enable them to practise safely and ethically as a counsellor.

This training is supported by supervised clinical work, which is undertaken at Highgate Counselling Centre's clinic.

The course is open to those who have previously completed a level 3 Certificate in Counselling, or similar. The course is part-time and runs from September 2026 until December 2028 (two years and one term).

The training is held on Monday and Thursday evenings (tbc) from 7pm to 10pm at North Bank, Pages Lane, London N10 1PP plus some Saturday workshops.

### Key Dates:

Open Day: Saturday **21 February 2025**, 2:00pm-5:00pm at North Bank, Pages Lane.

Applications: Applications are now open and should be submitted by **28 March 2026**.

The course starts on **Monday, 14 September 2026**.