

CPD WORKSHOP

The BACP Ethical Framework Working with Ethical Dilemmas

Saturday, 11 October 2025 | 10:00 to 13:00

The workshop will be delivered via Zoom.

Workshop fee:

£40.00 HCC members | £45.00 non-HCC members

Overview:

The BACP Ethical Framework for the Counselling Professions (2018) creates a shared structure within which we all work but with the flexibility to respond to the needs of different contexts and client groups. This workshop is a mandatory introduction to the BACP Ethical Framework and working with ethical dilemmas as required by the BACP for their accredited courses. The workshop is designed to briefly explore the BACP Ethical Framework.

Workshop Content:

- Brief introduction and aims/rationale for the workshop.
 - Introduction to the BACP Ethical Framework: Brief overview of the various sections.
 - Focus on the purpose of the framework within clinical practice.
- Group work:
 - The BACP ethical principles to aid memory recall.
 - Overview of the personal moral qualities contained within the framework to promote self-awareness and personal development.
- Break (15 mins)
- Ethical dilemmas and a dilemma for small groups to work with.
- Plenary session/end.

For further information about standards and ethics in counselling, please see:

Reeves, A. and Bond, T. (2022) *Standards and Ethics for Counselling in Action*. 5th ed. London: Sage

Facilitator:

Rischenda Poulson works as a private consultative psychotherapist and as a locum within the NHS. Alongside her clinical work, she lectures in psychotherapy to postgraduate level and runs a range of mental health workshops and seminars in corporate settings. She has worked as a group psychotherapist at the Priory Hospital, running mixed group sessions. She also has many years' experience of working within palliative care, providing psychological support to patients and carers through treatment, terminal illness and bereavement. She has delivered a series of training workshops within the NHS, covering the impact of long-term health physical health conditions upon psychological wellbeing.

How to book:

Please email training@highgatecounselling.org.uk to reserve a place, letting us know if you are an HCC member or not. We will then send you an invoice for £40/£45, and once this is paid your place will be confirmed. You can pay online via the link on the invoice or call the office on 0208 883 5427 to make a card payment.