

Training Open Day: Certificate in Counselling

Saturday 8 February 2025 | 2-5pm

We will be holding an open day for our Certificate in Counselling course on Saturday, 8th February 2025 from 2pm-5pm at North Bank, Muswell Hill Methodist Church, 28 Pages Lane, London N10 1PP (click [here](#) for the location).

About the Certificate in Counselling

This is a part-time course, providing 120 guided learning hours. The course is held on Tuesday evenings running from 6.30pm to 10pm. There is also one Saturday workshop scheduled into the training.

We deliver a face-to-face training and an online training using the Zoom platform, which follow the same curriculum. Successful completion of this level 3 equivalent course or a similar training is mandatory for entry onto our Diploma in Psychodynamic Counselling, which is accredited by the BACP.

The Certificate course is delivered in 3 modules across 3 terms of 10 weeks duration, each including the following elements:

- theory lectures and discussion.
- personal/professional development activities.
- skills practice sessions.

Broadly, the content is as follows:

- **Module 1** focuses on developing your understanding of counselling including what is counselling? How does counselling differ to other forms of helping? Some of the key skills required to become a counsellor.
- **Module 2** provides an overview of some of the key contributors in the field of basic human development, including Erikson, Freud and Maslow.
- **Module 3** provides an overview of some common therapy models including Psychodynamic, Gestalt, Transactional Analysis, CBT, Intercultural and Attachment theory. Clinical supervision is also covered.

Next intake: September 2025, ends July 2026.

Course fee: £2,350.00

The fee to attend the Certificate open day is £15.

How to book:

To reserve your place on the Open Day, please email training@highgatecounselling.org.uk. We will then send you an invoice for £15, which can be paid online using the link provided. Once payment is received your place will be confirmed.