

## Training Open Day: Diploma in Psychodynamic Counselling (a BACP accredited training)

## Saturday 2 March 2024 | 2-5:30pm

We will be holding an open day for our BACP accredited Diploma in Psychodynamic Counselling training on Saturday, 2nd March 2024, from 2pm-5:30pm at North Bank, Muswell Hill Methodist Church, 28 Pages Lane, London N10 1PP (click <u>here</u> for the location).

Current and former students will be available to talk to you as well as some of our tutors and supervisors. The open day will contain some interactive/experiential elements.

## About the Diploma in Psychodynamic Counselling

This is a part-time course, run over two years and one term. The course is held on Monday and Thursday evenings, from 7pm to 10pm, plus at least one Saturday workshop per term.

The course is delivered across 6 terms of 10 weeks duration, each including the following elements:

- Theory Seminars
- Experiential Group
- Skills Practise

A 7th term provides time for you to complete the required clinical hours as required by the BACP and to complete a final clinical paper. The modules for each term are as follows:

- **Module 1**: Psychodynamic Concepts
- Module 2: Human Development (from a psychodynamic perspective)
- Module 3: Object Relations
- Module 4: Attachment and Loss
- Module 5: Psychopathology
- Module 6: Time Limited Psychotherapy

Saturday workshops include, for example, working with difference and diversity, medication and diagnosis, suicide and risk assessment, working with ethical dilemmas, psychosexuality, Mentalisation Based Treatment (MBT) and Dynamic Interpersonal Therapy (DIT).

A clinical placement within our clinic is provided as part of the course, which is underpinned by weekly clinical supervision.

Next intake: September 2024, ends December 2026 Course fee: £13,600

The fee to attend the Diploma open day is £20.

## How to book:

To reserve your place on the Open Day, please email <u>training@highgatecounselling.org.uk</u>. We will then send you an invoice for £20, and once this is paid your place will be confirmed.

Once you have received the invoice, you can either pay online using the link provided, or you can call the office on 020 8883 5427 to make a card payment, quoting the invoice number.