

CPD WORKSHOP

Diagnosis and Medication



Saturday, 9 March 2024 | 12:45 to 18:00

Quakers Meeting House, 77 Church Crescent, N10 3NE

Workshop fee:

£65.00 HCC members | £75.00 non-HCC members

Overview:

The aim of the workshop is to provide participants with an overview of common mental health conditions together with an exploration of the range of medications prescribed for some of these conditions. In addition, we will explore how a diagnosis is made using ICD-10 and/or DSM V clinical descriptors and diagnostic guidelines as well as exploring mental health as a continuum. The relationship between psychological and physical symptoms will also be discussed together with a brief exploration of the social and cultural impact on mental health.

Workshop Outcomes

- Provide an overview of common mental health conditions.
- Introduce classifications of common mental health conditions using the clinical descriptions and diagnostic guidelines provided via ICD-10 and/or DSM-V.
- Use the above guidelines to help develop an understanding of how a diagnosis is made.
- Demonstrate an understanding of mental health as a continuum - from mental wellbeing to something temporary or limited towards mental health issues which are more enduring or permanent including severe psychological and emotional distress.
- Explore the relationship between psychological and physical symptoms.
- Briefly explore the social and cultural impact on mental health.
- Discuss when to make a referral to a mental health professional.
- Briefly examine the roles of other professionals in the mental health field.
- Explore a range of prescribed medications for common mental health conditions, their effects and possible side effects (which may affect an individual's ability to fully engage with counselling).

Facilitator:

Dr. Simon Harrison has been a Consultant Neuropsychiatrist at the Maudsley since 2015, where in addition to general neuropsychiatric clinics, he works particularly closely with the epilepsy teams at King's College Hospital, the CBT therapists and psychologists in the Neuropsychiatry Department, and the day programme for functional neurological disorders at the Bethlem Royal Hospital. After postdoctoral research in ancient philosophy, he trained in Medicine and Psychiatry at Bristol and then the South London and Maudsley NHS Foundation Trust. He also co-facilitates the Psychosomatic Workshop at the South London Centre for Psychoanalysis, 10 Windsor Walk, Camberwell, South London.

How to book:

Please email training@highgatecounselling.org.uk to reserve a place, letting us know if you are an HCC member or not. We will then send you an invoice for £65/£75, and once this is paid your place will be confirmed. You can pay online via the link on the invoice or call the office on 0208 883 5427 to make a card payment.