



CPD WORKSHOP

ASSESSMENT FOR PSYCHODYNAMIC COUNSELLING

Saturday, 11 November 2023: 1.30pm to 7pm. The workshop will be held at:
North Bank, Pages Lane, London N10 1PP.

Overview:

The first meeting between a client and a psychodynamic counsellor may be one of the most significant occasions in the client's life. This one-day workshop aims to set out how such a meeting is conducted, the information to be gathered and what happens next.

Workshop Outcomes

The workshop will explore:

- A psychodynamic formulation (a preliminary hypothesis/conceptualisation)
- The gathering of information
- The need for empathy
- Setting out the parameters of the initial interview, e.g., time, cost, referring on
- Transference and counter-transference
- Links and trial interpretations
- Is this person suitable for psychodynamic counselling?
- How is this done at Highgate Counselling Centre (HCC)?
- CORE risk assessment
- Referral network

The training will give participants ample opportunity to find out about and discuss the above as well as other issues relating to assessment and to prepare, in small groups, information following assessment.

Facilitator:

Norman Mintz is a psychodynamic counsellor and a member of the BACP. Since qualifying in 2007, he has worked in private practice and at HCC. He has conducted initial assessments at HCC since 2008.

Workshop fee: £65.00 HCC members, £75.00 non-HCC member

Please email training@highgatecounselling.org.uk with your name to reserve a space and make payment to the following bank account:

Highgate Counselling Centre

CAF Bank

A/C: 00018507

Sort Code: 40-52-40

using the following reference 'AssessmentCPD/Surname'

Alternatively, you can call the office on 0208 883 5427 to make a card payment.