



**DIPLOMA IN PSYCHODYNAMIC COUNSELLING**  
**September 2022-December 2024**  
**A BACP accredited course**

**COURSE OVERVIEW**

This part-time course is delivered over two years and one term and leads to the award of a Diploma in Psychodynamic Counselling. The course is accredited by the British Association for Counselling and Psychotherapy (BACP) and comprises of a number of elements:

- Theoretical Seminars
- Experiential Group Process
- Counselling Skills Practice
- Workshops
- Clinical Work
- Supervision
- Completion of Academic Assignments
- Completion of a Case Study
- Personal Psychodynamic Psychotherapy

Theoretical seminars are held on Monday evenings from 7.00pm-8.30pm at North Bank House, Pages Lane, London N10 1PP. These are followed by 'experiential group' sessions which are also held on Monday evenings from 8.45pm-10.00pm.

Counselling skills practice sessions are held on Thursday from 7.00pm-10.00pm at North Bank House, Pages Lane, London N10 1PP and some will be delivered online. There is also a taught element to these sessions.

Students are required to successfully complete a number of academic assignments throughout the programme in order to complete the course. Full details of these are provided throughout the programme.

Highgate Counselling Centre (HCC) provides clinical work for students participating in the course. This work is carried out at HCC and is supported by weekly supervision of 1.5 hours per week. In exceptional circumstances, students may undertake clinical work with an external organisation. This external placement must be approved by the Director of HCC.

Supervision is in group format and takes place either at HCC or in the supervisor's consulting rooms. Students must complete 100 hours of clinical work in order to complete the course. Students must accrue a minimum 1.5 hours per month of supervision during their training.

Personal psychodynamic psychotherapy is mandatory throughout the course. The cost of this is not included in the course fees. Students are expected to attend therapy on a minimum weekly basis until they have successfully completed the course.

For further information, please contact Kevin Hamilton, Training Manager Administration at HCC. Email [kevin.hamilton@highgatecounselling.org.uk](mailto:kevin.hamilton@highgatecounselling.org.uk)

*In the event Government restrictions are imposed during the training, some additional elements may need to be delivered via a remote platform until we are able to return to face-to-face training.*