

## CPD WORKSHOP ASSESSMENT FOR PSYCHODYNAMIC COUNSELLING

Saturday, 30 November 2019: 10.00-16.00  
Quakers Meeting House, Church Crescent, London N10 3NE

**Facilitated by Norman Mintz**

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The first meeting between a client and a psychodynamic counsellor may be one of the most significant occasions in the client's life. This one day workshop aims to set out how such a meeting is conducted, the information to be gathered and what happens next. Topics covered will include:

- A psychodynamic formulation (a preliminary hypothesis)
- The gathering of information
- The need for empathy
- Setting out the parameters of the initial interview, e.g. time, cost, referring on
- Transference and counter-transference
- Links and trial interpretations
- Is this person suitable for psychodynamic counselling?
- How is this done at HCC?
- CORE risk assessment
- Referral network

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The day will give participants ample opportunity to find out about and discuss the above as well as other issues relating to assessment and to prepare, in small groups, information following assessment.

Norman Mintz is a psychodynamic counsellor and member of the BACP. Since qualifying in 2007 he has worked in private practice and at Highgate Counselling Centre (HCC). He has conducted initial interviews at HCC since 2008.

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### **Workshop Fee:**

£60.00 HCC members or £85.00 non HCC members  
(This includes refreshments but not lunch)

To secure your place, please fill in the form overleaf

Please direct any queries to:

Kevin Hamilton, Training Manager, Highgate Counselling Centre  
Telephone: 020 8883 5427  
Email: [kevin.hamilton@highgatecounselling.org.uk](mailto:kevin.hamilton@highgatecounselling.org.uk)

**HIGHGATE COUNSELLING CENTRE**  
**ASSESSMENT FOR PSYCHODYNAMIC COUNSELLING WORKSHOP**

Saturday, 30 November 2019: 10.00-16.00  
Quakers Meeting House, Church Crescent, London N10 3NE

Please reserve me a place on the above workshop

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Fee:           £60.00 (HCC members)                      £85.00 (non HCC members)  
                  This fee is non-refundable and includes refreshments but not lunch

I enclose a cheque for           £60.00                      £85.00  
(Please circle and make your cheque payable to Highgate Counselling Centre)

I have paid by BACS           £60.00                      £85.00  
(Please circle and provide a reference or date of payment)

Payment by BACS bank transfer:

Bank:                               CAF Bank  
A/C number:                      00018507  
Sort code:                        40-52-40  
Please use reference:            Assessment / Your Surname

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Please return this booking form by Friday, 22 November 2019 to:

Kevin Hamilton  
Highgate Counselling Centre  
58a Highgate High Street  
London N6 5HX

Telephone: 020 8883 5427  
Email: kevin.hamilton@highgatecounselling.org.uk

A CPD CERTIFICATE WILL BE ISSUED AT THE END OF THE WORKSHOP