

Highgate Counselling Centre
Diploma in Psychodynamic Counselling (a BACP Accredited Course)
September 2018 - December 2020

Frequently Asked Questions

1. How much are the fees?

The full fee for the course is £8,500.00. A full breakdown of the fees is contained in the course outline which is available as a download from our website.

2. When does the course start/end?

The course will commence in September 2018 and end in December 2020.

3. What days/time do I attend?

Seminars and skills practice take place on Monday and Thursday evenings from 7.00pm to 10.00pm. You are also required to attend the Saturday workshops scheduled throughout the course. Please see the course outline for further details.

4. How long is the course?

The course runs over two years and one term from September 2018 until December 2020. There are three academic terms per year. Each term is of ten weeks duration plus a reading week. The final term does not require you to attend seminars or skills practice, but is included to allow you to complete the final elements of the course.

5. How will I be assessed?

Assessment is continuous throughout the course. You are required to successfully complete a number of academic assignments as part of the programme.

6. What happens regarding supervision?

You will normally be allocated a supervision group towards the end of the first term and will typically join a supervision group by December 2018/January 2019. Supervision takes place on a weekly basis and is in group format lasting for one and a half hours. Supervision is undertaken at Highgate Counselling Centre or in the supervisor's consulting room. The course fees cover the cost of supervision.

7. When do I start to see clients?

Your first client will be allocated in agreement with the Director, Training Manager, course tutors and your supervisor at HCC. It is usual for students to attend a number of supervisory sessions before being allocated a client so that you start to understand the process of supervision. You will need to have been in personal psychodynamic therapy for a minimum of six months before starting to work with your first client. Please see the course outline for further details.

8. How many counselling hours do I need to complete to finish the course?

Successful completion of the course requires you to have undertaken a minimum of 100 hours of clinical work. Clients are provided via Highgate Counselling Centre or, in exceptional circumstances, via an external placement.

9. When will I be awarded the Diploma?

The Diploma is awarded once you have successfully completed the academic elements of the course and have attained 100 hours of clinical work.

10. Are there any pre-requisites?

You must have previously completed a course of study leading to the award of a Certificate in Counselling Skills or have previous experience in a helping role.

11. I have some previous experience - can I join the course mid-way through?

The course is designed to take students from the same starting point of learning. It is not therefore possible for someone to join the course mid-point, irrespective of their prior learning.

12. When does the application process close?

Please submit your completed application by 30 April 2018.